

Hawk Henning

Wrestling
Clinic



October 30-Nov 1

Middleton High School



Middleton Area Wrestling Club
2706 Woodside Dr.
Cross Plains, WI 53528

Name: _____ Phone: _____ Grade: _____

Address: _____ Yrs. Exp: _____ T-Shirt Size _____

In consideration of my child's acceptance in the Hawk-Henning Wrestling Clinic, I my heirs, executors, and administrators waive and release parents, coaches, sponsors, their agents, representatives, committees, and members from any and all claims, rights and damages for injuries while competing in this program. I also give my authorization for emergency treatment.

_____ has my permission to participate in the Hawk-Henning Wrestling Clinic.

Parent/Guardian signature: _____ Date: _____

Send Fee and Registration Form to: Middleton Area Wrestling Club (c/o Andy Bock)
2706 Woodside Dr. - Cross Plains, WI 53528

The Clinic

The Middleton Area Wrestling Club invites all middle and high school wrestlers to the Hawk-Henning Fall 2008 Clinic. It features three days of technique, drilling, and live team dual wrestling.

Featured Clinicians



Jeff "Hawk" Hawkins is a Granby System Wrestling Master Instructor and has coached alongside Kempsville's Keith Lowrance for over 20 years. Granby System is a nationally-recognized name in wrestling instruction and has helped produce over 30 state team champions in the past five years.



Craig Henning is an assistant coach for the Wisconsin Badgers and two-time NCAA All-American wrestler. He finished second in the NCAA tournament as a junior and was a two-time state champion for Chippewa Falls High School.

Other Clinicians

Other clinic instructors will include members of the Wisconsin Badgers, the Middleton high school and middle school coaching staff, and Mount Horeb's Jason Rogers.



Schedule

The clinic runs from Thursday, October 30 through Saturday, November 1. All sessions are scheduled to be held in the Middleton High School wrestling room.

There will be sessions for both middle school and high school wrestlers. The schedule is as follows; times are subject to change:

Day 1

Session 1 (9:00 – 11:30)—HS. Technique, drilling.
Session 2 (1:30 – 3:30)—HS. Technique, drilling.
Session 3 (3:30 – 5:00)—HS & MS. Technique and drilling (MS only). Live team dual wrestling (HS only).

Day 2

Session 1 (9:00 – 11:30)—HS. Technique, drilling.
Session 2 (1:30 – 3:30)—HS. Technique, drilling.
Session 3 (3:30 – 5:00)—HS & MS. Technique and drilling (MS only). Live team dual wrestling (HS only).

Day 3

Session 1 (9:00 – 11:30)—HS. Technique, drilling.
Session 2 (11:30 – 1:00)—HS & MS. Technique and drilling (MS only). Live team dual wrestling (HS only).

Registration Info




Registration form and payment must be received by Monday, October 20. The non-refundable registration price is \$60 for high school wrestlers and \$30 for middle school.

The price covers all three days and a clinic T-shirt. To receive a shirt, registration must be in on time and wrestlers must be present and participating in all sessions.

Make checks payable to Middleton Area Wrestling Club.

Note that this is a commuter camp and that lunch is NOT provided. Sponsored housing may be available upon request; contact Kent Weiler for more information.



 **Middleton Area Wrestling Club**

Questions?
Contact Kent Weiler
Phone: 608-469-5640
E-mail: kbweiler@charter.net
Web: www.middletonwrestling.com