



Middleton Area Wrestling Club

2010

“Once you’ve wrestled, everything else in life is easy.”

-Dan Gable

The Middleton Area Wrestling Club (MAWC) is a self-supported organization comprised of parents, coaches and alumni that encourages and promotes wrestling within the Middleton Community. If you would like to learn more about MAWC visit www.middletonwrestling.com or come to a board meeting. All board meetings are open to the public and meet the 2nd Wednesday of every month at 7PM at the Middleton High School Library.

Schedule:

Start: Tuesday January 5th

End: Thursday March 25th

Practice: Tuesday and Thursday

Location: Middleton H.S.; Wrestling Room and cafeteria depending on numbers

Time: 6:30 to 8:00pm, be ready by 6:30

Club Fee

\$95 includes MAWC t-shirt and paid entry to designated Youth Tournament (K-8th) currently targeting the end of January. Practices take place every Tuesday and Thursday starting January 5th and ending March 25th, for a total of 12 weeks.

Registration form can be accessed at Middletonwrestling.com.

Please Preregister by December 18th: Walk-ins will be accepted, please preregister

Mail to:

Pam Cain

4528 Nina Lane

Middleton, WI 53562

Coaches:

Ben Vezzetti is the Kromrey Middle School wrestling coach. He is a 1998 graduate of Middleton High School where he was a 4-year varsity letter winner and a three time Sectional qualifier. Contact: bvezzetti@yahoo.com

Joe Miller is the Glacier Creek Middle School wrestling coach. He is a 1993 graduate of Middleton High School where he was a 4-year varsity letter winner and state qualifier. Contact: joe@usawrestlingproducts.com

Additional Contact:

Club President: Rian Cain: ruggiec911@aol.com

Family accounts:

MAWC relies on family participation which essentially “pays” for volunteering or fundraising. To run a successful wrestling program we rely on volunteering more than most sports, these efforts do not go unrecognized.

For more information please see attached info sheet.

Youth Night:

All MAWC wrestlers will get free entrance to the MHS meet January 27th verses Janesville Parker.

Competition Costs (not required)

USA Wrestling Card

USA Wrestling is the national governing body of amateur wrestling in the United States. All wrestlers must have a USAW card in order to participate in USAW sanctioned events. In addition, this card provides insurance for the individual wrestler. Official USA Wrestling cards cost \$35. Cards can be purchased at tournaments or online.

MAWC competition Singlet

MAWC competition singlets are required for all tournament events. Wrestlers may either use their own MAWC competition singlet if they have one or provide a \$50 deposit for the use of a MAWC singlet throughout the wrestling season. The deposit will be returned in full once the season is over and the singlet is returned.

Local Tournaments

Throughout the season other local wrestling clubs will host competitions. Wrestler qualification and entry fees vary by tournament. As the season progresses MAWC will provide parents with an updated listing of local tournaments.

-As a reminder, the two largest events are the State Regionals on March 13th and the State Tournament on March 27th. Everyone may compete in regionals with only the qualifying wrestlers moving on to the State Tournament.

Coaches- will be at the club paid tournament~ Jan 23rd ,Regionals and State. Additional coach participation will be determined

Benefits:

Why MAWC:

- building self-esteem, confidence, mental and physical discipline
- For kids who participate in other sports, wrestling gives them a taste of something different and offers skills like body control, body awareness and quick reaction that they can take back and apply to their sport.

Uniform packages: Will be available for purchase thru MAWC.

Looking for more information? Check out these resources:

www.wiwrestling.com (Wisconsin Wrestling Federation, tournaments, camps)

www.thecrossface.com (WI wrestling newspaper, tournaments)

www.themat.com (USA Wrestling website)

www.middletonwrestling.com