



PROGRAM INFORMATION AND REGISTRATION

Welcome to the 2011-2012 Season of Middleton youth wrestling!! The Middleton Area Wrestling Club invites children in grades K-8 to participate in one of the most rewarding sports available. Wrestling will help your child develop self-confidence, coordination, strength, agility and good sportsmanship. Each program will allow your child to learn techniques, skills and conditioning that is appropriate for his/her age and ability.

Choose one or any of the club programs described below; 10% discount applies if enrolling in more than one program.

Registration: Fill out the registration form on the next page and mail within **one week prior to the start date**, late registrations may be accepted, the receipt of a t-shirt is not guaranteed. Please make check payable to Middleton Area Wrestling Club and mail to:

MAWC c/o Andy Bock
2706 Woodside Dr.
Cross Plains, WI 53528

Fun & Fundamentals ("Lil' Cards")

The Lil' Cards program is an introduction to the sport of wrestling, learn the basics, with brief competition games ending with an in-house tournament and walk of future Cardinal champions.

Fall Session: October 4, 2011 – November 8, 2011
Every Tuesday, 6:00 PM – 6:50 PM
Middleton High School Wrestling Room

Spring Session: April 3, 2012 – May 8, 2012
Every Tuesday, 6:00 PM – 6:50 PM
Middleton High School Wrestling Room

\$40 Fee Includes:

- Instructional sessions divided into age groups
- Program t-shirt
- Awards at final session

Intermediate ("Card Sharks")

The Card Sharks program will emphasize learning proper basics, proper positioning, developing physical strength and conditioning, introduction to scoring concluding with an area wide open tournament held at Middleton High School.

2011-2012 Season: Nov. 15, 2011 – Jan. 10, 2012 - Every Tuesday, 6:00 PM to 7:00 PM @ MHS Wrestling room

\$60 Intermediate Fee Includes:

- Instructional sessions divided into age groups
- Parent orientation on the program at first practice
- Program t-shirt
- Registration for your wrestler into the MAWC Youth Tournament in January

Intermediate to Advanced ("Wild Cards")

The Wild Cards program will emphasize proper basics, positioning, strength, and conditioning. Tournament competition wrestling with the Team of Wild Cards wrestlers is encouraged although not required.

2011-2012 Season: Jan. 3, 2012 – Mar. 27, 2012 - Every Tuesday and Thursday, 6:30 PM to 8:00 PM @ MHS Wrestling room

\$80 Advance Fee Includes:

- Instructional sessions divided into age groups
- Parent orientation on the program at first practice
- Program t-shirt
- Registration for your wrestler into the MAWC Youth Tournament in January

Disclaimer: This is not a school-sponsored activity and the Middleton-Cross Plains Area School District does not provide support or endorsement of this program/activity. It has neither reviewed nor approved the program, personnel, or activities announced in this brochure/flyer. Permission to distribute this material must not be considered a recommendation or endorsement by the school district.



REGISTRATION FORM

Additional information and registration form is available online at www.middletonwrestling.com, please fill out the registration form, make check payable to Middleton Area Wrestling Club and mail to:

MAWC c/o Andy Bock
 2706 Woodside Dr.
 Cross Plains, WI 53528

1. Select a Program (10% discount applies if enrolling in more than one program)

- | | | | |
|--|-----------------------------|--|-----------------------------|
| <input type="checkbox"/> Lil' Cards (\$40) | Oct 4, 2011 – Nov 8, 2011 | <input type="checkbox"/> Lil' Cards (\$40) | April 3, 2012 – May 8, 2012 |
| <input type="checkbox"/> Intermediate (\$60) | Nov 15, 2011 – Jan 10, 2012 | <input type="checkbox"/> Advance (\$80) | Jan 3, 2012 – Mar 27, 2012 |

TOTAL AMOUNT \$ _____

2. Wrestler Name:	
Address:	
City/State/Zip:	Phone:
Date of Birth:	School/Grade:
Approximate Weight:	Years of Wrestling Experience:
USA Wrestling Card# (Intermediate & Advance only; more information at first practice):	
T-Shirt Size: YOUTH <input type="checkbox"/> YS <input type="checkbox"/> YM <input type="checkbox"/> YL <input type="checkbox"/> YXL ADULT <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL	
3. Parent/Guardian Name(s):	
Address:	
City/State/Zip:	
Phone:	Emergency Contact:
Email (strongly encouraged for communication throughout the season):	

4. Middleton Area Wrestling Club Waiver and Parental Release:

I, the undersigned, parent/guardian of _____ (participant's name) on / / (date) release The Middleton Area Wrestling Club and all of their employees, officers, and agents from all claims of damage, demands, and actions whatsoever, including costs and attorneys fees, arising out of negligence of Middleton Area Wrestling Club in conjunction with my child's participation in the Middleton Area Wrestling Club Activities. This release is given in consideration of providing supervision of my child during Middleton Wrestling Club and includes, but is not limited to, my commitment to hold the Middleton Area Wrestling Club harmless from any such claims against it. I hereby submit that my child is physically able to participate in the activities of the Middleton Area Wrestling Club I understand that there are risks inherent in wrestling activities, including the risk of physical injury or death, and I assume such risks on behalf of my child. I release the Middleton Area Wrestling Club from all liability arising from negligence of the Middleton Area Wrestling Club, their agents, officers, directors, and employees if my child is injured and/or if any claims should arise out of my child's participation in Middleton Wrestling Club activities. I authorize the Middleton Area Wrestling Club to act for me according to its judgment in any emergency involving my child requiring medical attention. In the event of an emergency, I give the Middleton Area Wrestling Club my permission to administer first aid or obtain emergency medical treatment in my child's best interest. I agree to pay all expenses incurred due to any emergency involving my child in conjunction with the Middleton Area Wrestling Club.

5. Parent/Guardian Signature: _____ **Date:** _____

Area below is for MAWC use only:

<input type="checkbox"/> Fee Paid, Date:	<input type="checkbox"/> USA Wrestling Card
<input type="checkbox"/> Shirt/Singlet Size _____	<input type="checkbox"/> Birth Certificate